

Wellspring Alberta's



BRAIN FOG

Cost: Free

Where: Online via Zoom

Who: Adults diagnosed with cancer

Brain Fog is an eight-week cognitive enhancement program designed to address cognitive changes associated with various cancer treatments. The program, developed by Dr. Heather Palmer (PhD Neuropsychology), provides education, enlightenment and practical strategies for dealing with the challenging aspects of post cancer brain change.

To learn more visit wellspringalberta.ca or call 1.866.682.3135.