

CANCER TRANSITION COACHING



For many, cancer is a life-transforming experience as well as a powerful motivator for change. As treatment challenges subside, many people assess their lives and priorities.

This program supports you as you transition away from active cancer treatment to follow-up care.

Through one-on-one sessions with a trained volunteer coach with experience in oncology, you will develop plans to manage your emotional, physical and practical concerns while navigating your new normal.

There is no charge to participate.



For more information
or to register, visit:

wellspring.ca

Wellspring is a charity that offers professionally-led programs and services to help with the emotional, social, practical and physical needs of people living with cancer. All at no charge.