

FAMILY SUPPORT



Cancer is especially challenging when it touches the lives of children. Young minds are particularly vulnerable to anxiety, stress, and behavioral challenges when faced with a cancer diagnosis, whether it's their own or a family member's. Parents and caregivers, too, often grapple with the confusion of how best to communicate with their children during this difficult journey. And for many parents and children, there is an overwhelming sense of guilt, fear and worry.

From family counselling to support groups and specialized programs for children and parents, Wellspring fosters a caring community where families find the support they need throughout their cancer journey.



For more information or to register, visit:

wellspring.ca

Wellspring is a charity that offers professionally-led programs and services to help with the emotional, social, practical and physical needs of people living with cancer. All at no charge.

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