

## PEER SUPPORT



Sometimes you need someone to talk to. Someone who has been there... someone who knows.

Meet with a trained Peer Support volunteer who has been impacted by cancer. You will be able to share your stories and ask any questions you may have.

This program is good a point of entry where you can learn about other Wellspring programs and helpful resources.

There is no charge to participate.



For more information or to register, visit:

wellspring.ca

Wellspring is a charity that offers professionally-led programs and services to help with the emotional, social, practical and physical needs of people living with cancer. All at no charge.